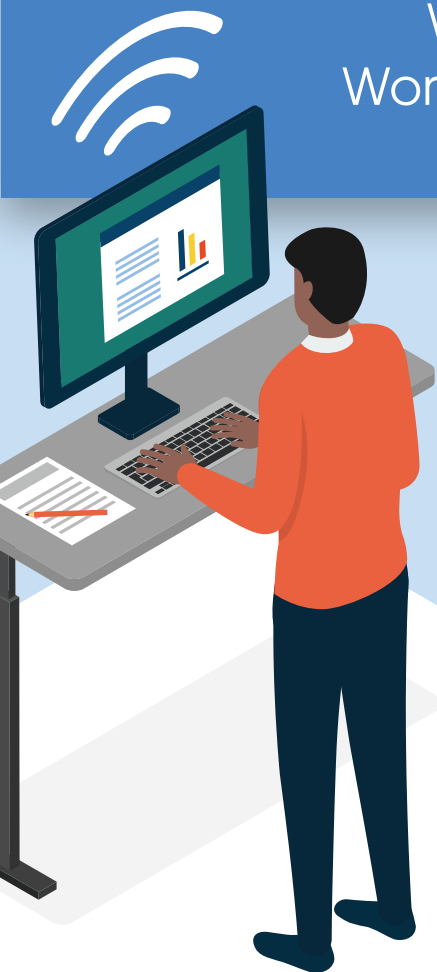


Workers' Comp and Work From Home (WFH)

In New York



Workers' compensation covers **all injuries** in the course and scope of your employment, regardless of physical location.

*That means, in general,
you can get workers comp if you are
injured working remotely!*

Specifically, you can get **workers' compensation** if:



You were **on the clock and actively engaged** in work duties when you were injured.

You were **injured during a job-related activity**, such as moving equipment you need for your job.

You were injured during a **brief interruption** in your work duties, such as a coffee break.

Your injury was **sustained over a period of time**, such as carpal tunnel syndrome.

Note that New York law **presumes your injury is work-related** – the onus is on the workers' comp insurance company to prove it wasn't.

If you're **hurt when working at home**, you need to:



1

Report the injury to your supervisor **in writing** (e.g. via email) so you have a record.

2

Get **medical attention right away** to treat and document your injuries.

3

Talk to an **experienced workers' compensation attorney** as soon as possible.



Workers' comp while working from home is a **complex and controversial** area of law.

Get the right representation to navigate the system

Contact Pasternack Tilker Ziegler Walsh Stanton & Romano LLP for a **free consultation**.